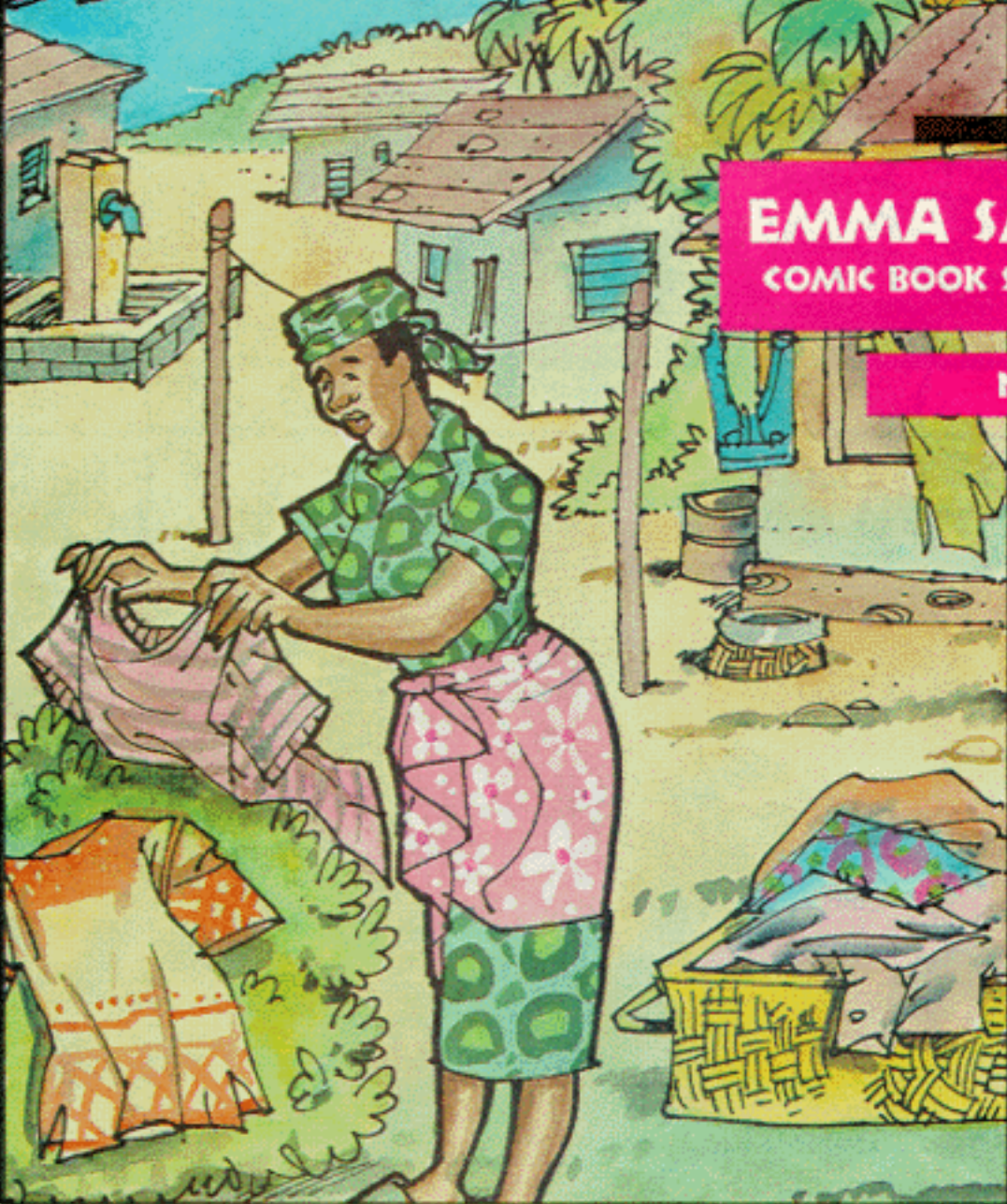


# BETTY LEARNS A LESSON

**EMMA SAYS**  
COMIC BOOK SERIES

**NO. 2**



Project No. 936-5972.31-4692046  
Contract HRN-5972-C-00-4001-00

The AIDS Control and Prevention (AIDSCAP) Project, implemented by Family Health International  
is funded by the United States Agency for International Development (USAID).



















**BE CAREFUL, BETTY,  
GO TO THE CLINIC AND  
FIND OUT WHAT'S WRONG  
WILL YOU?**

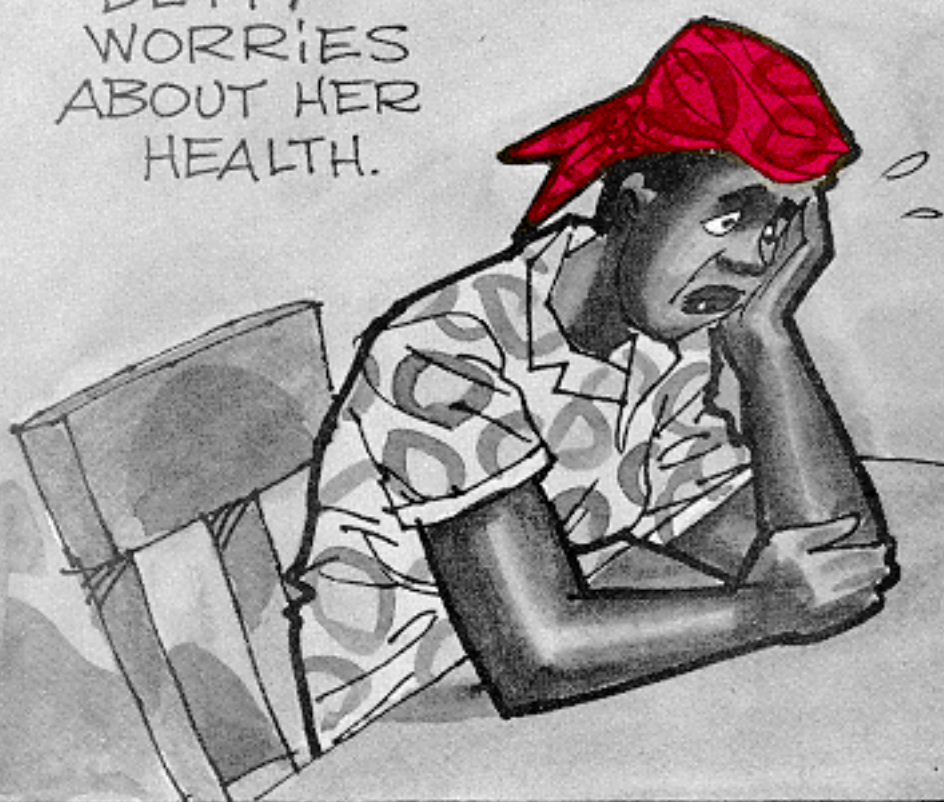
**DON'T  
WORRY  
EMMA,  
I'LL BE  
FINE!**







BETTY  
WORRIES  
ABOUT HER  
HEALTH.



BETTY PREPARES  
HERBAL MEDICATIONS.









REMEMBER WHEN  
I SAW YOU LAST?  
I HAD THAT  
PAIN ...

OH BETTY, DID  
YOU GO TO THE  
DOCTOR? WHAT DO  
YOU HAVE?

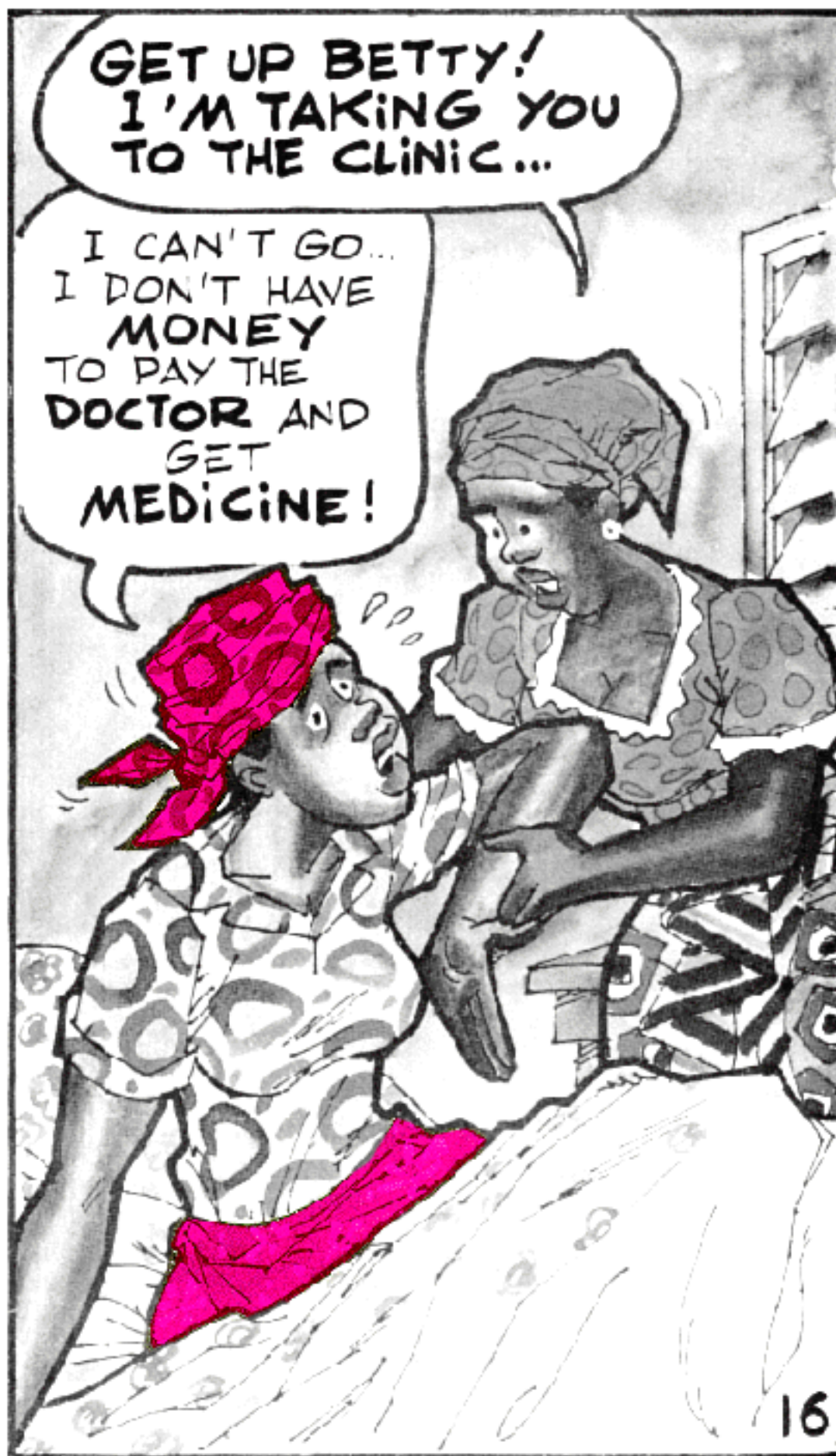






GET UP BETTY!  
I'M TAKING YOU  
TO THE CLINIC...

I CAN'T GO...  
I DON'T HAVE  
**MONEY**  
TO PAY THE  
**DOCTOR** AND  
GET  
**MEDICINE!**









BETTY,  
YOU HAVE  
GONORRHEA

740









HOW  
WAS IT  
BETTY?

COME, EMMA...  
I'LL TELL YOU  
ABOUT IT  
AT HOME.



BACK HOME...

SO WHAT DID  
THE DOCTOR  
TELL YOU?







OH, I'VE LEARNED  
SOMETHING TODAY:  
I MUST TAKE CARE  
OF MYSELF AND WHEN  
I'M SICK, I MUST  
GO TO THE  
CLINIC...



AND  
WHAT ELSE  
DID YOU LEARN?



LIKE YOU ALWAYS  
SAY, EMMA: "USE  
A CONDOM, EACH  
TIME, EVERY TIME!"

GOOD!



WECQUES

26





## QUESTIONS

- 1 WHAT KINDS OF SYMPTOMS DID BETTY HAVE  
AND WHAT DID SHE DO ABOUT THEM?
- 2 WHY WAS EMMA CONCERNED ABOUT BETTY?
- 3 HOW DID THE DOCTOR HELP BETTY?

WHAT OTHER  
SEXUALLY  
TRANSMITTED  
DISEASES  
HAVE YOU HEARD  
ABOUT?



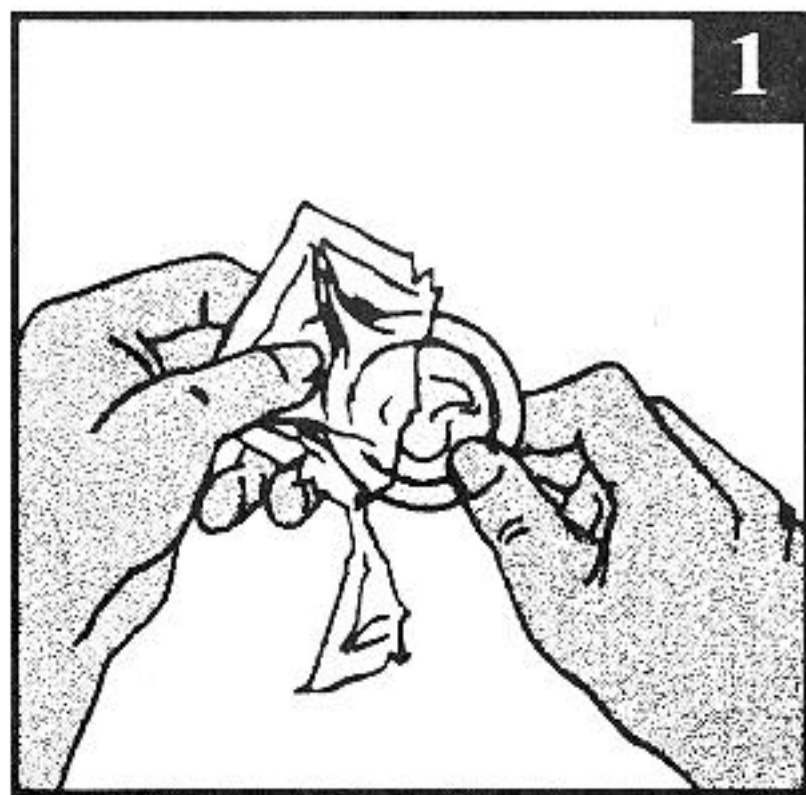
HOW DO PEOPLE  
IN YOUR  
COMMUNITY  
TREAT  
STDs?



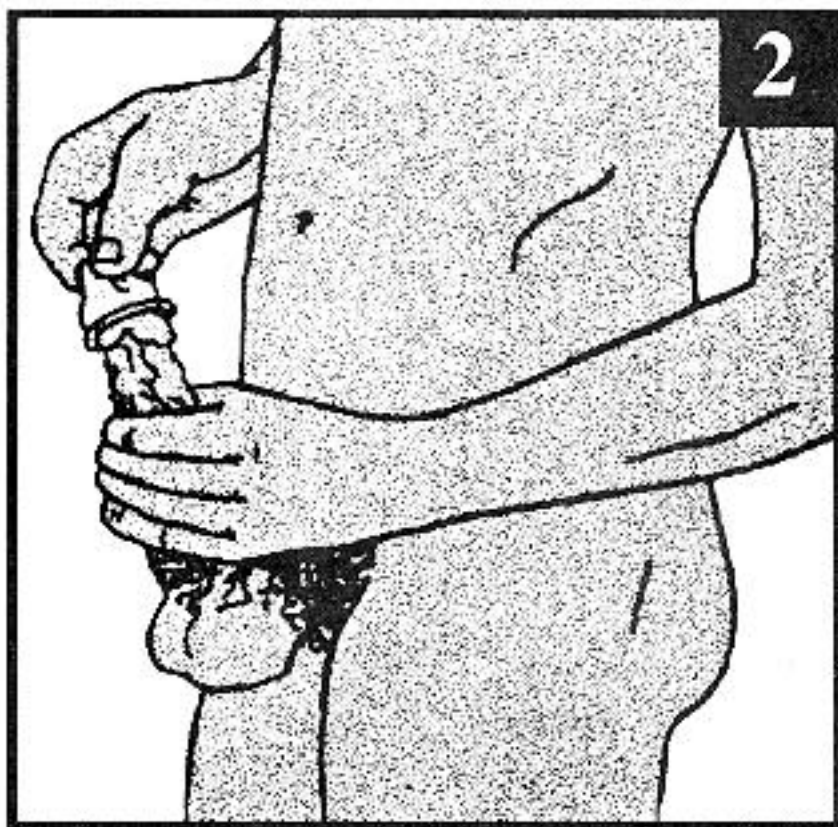
WHAT WOULD  
YOU TELL SOMEONE  
IN YOUR  
COMMUNITY  
WHO HAD A  
SIMILAR  
PAIN?



*Carefully  
open the  
package so  
the condom  
does not tear.  
Do not unroll  
condom  
before putting  
it on.*



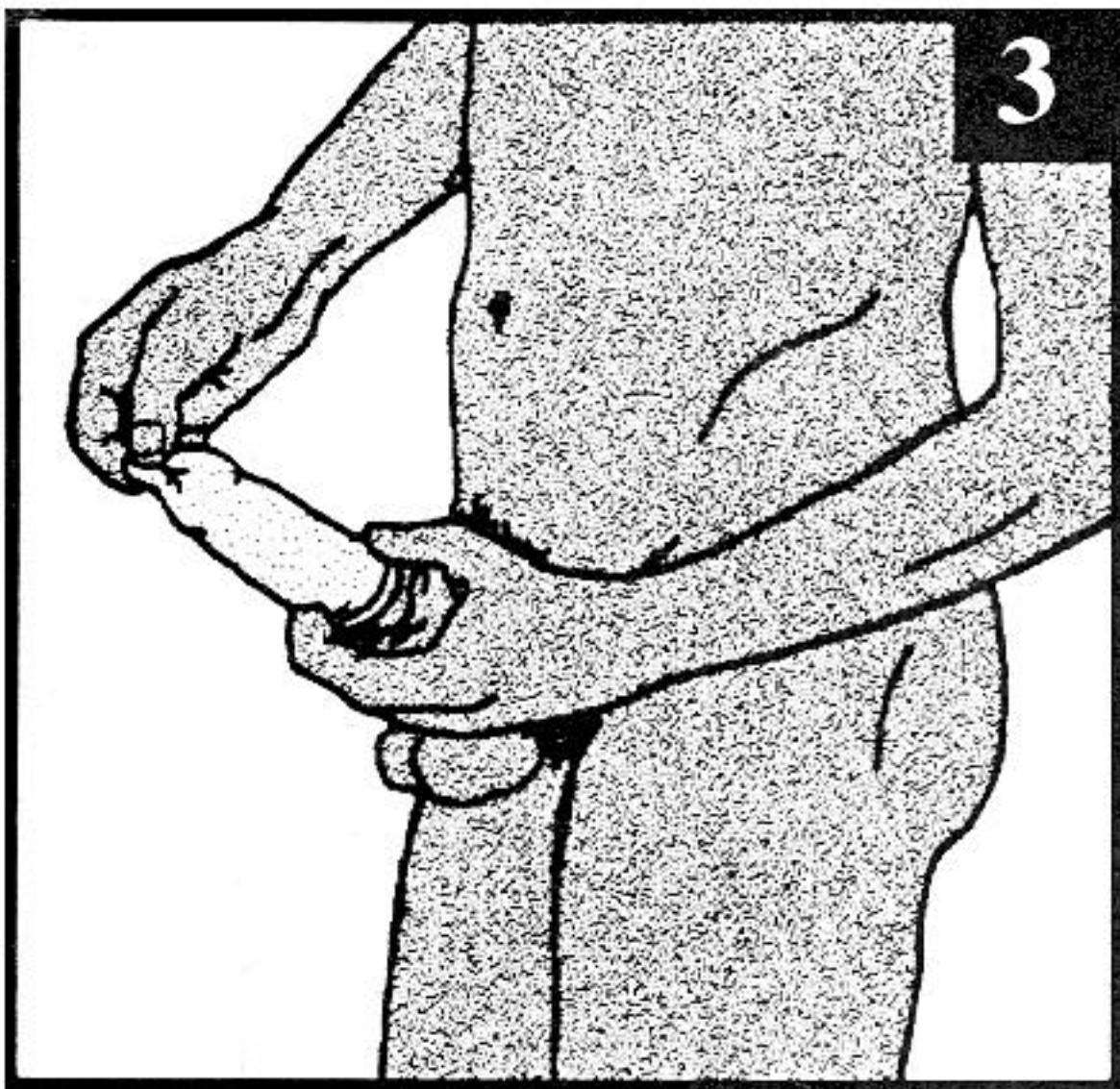
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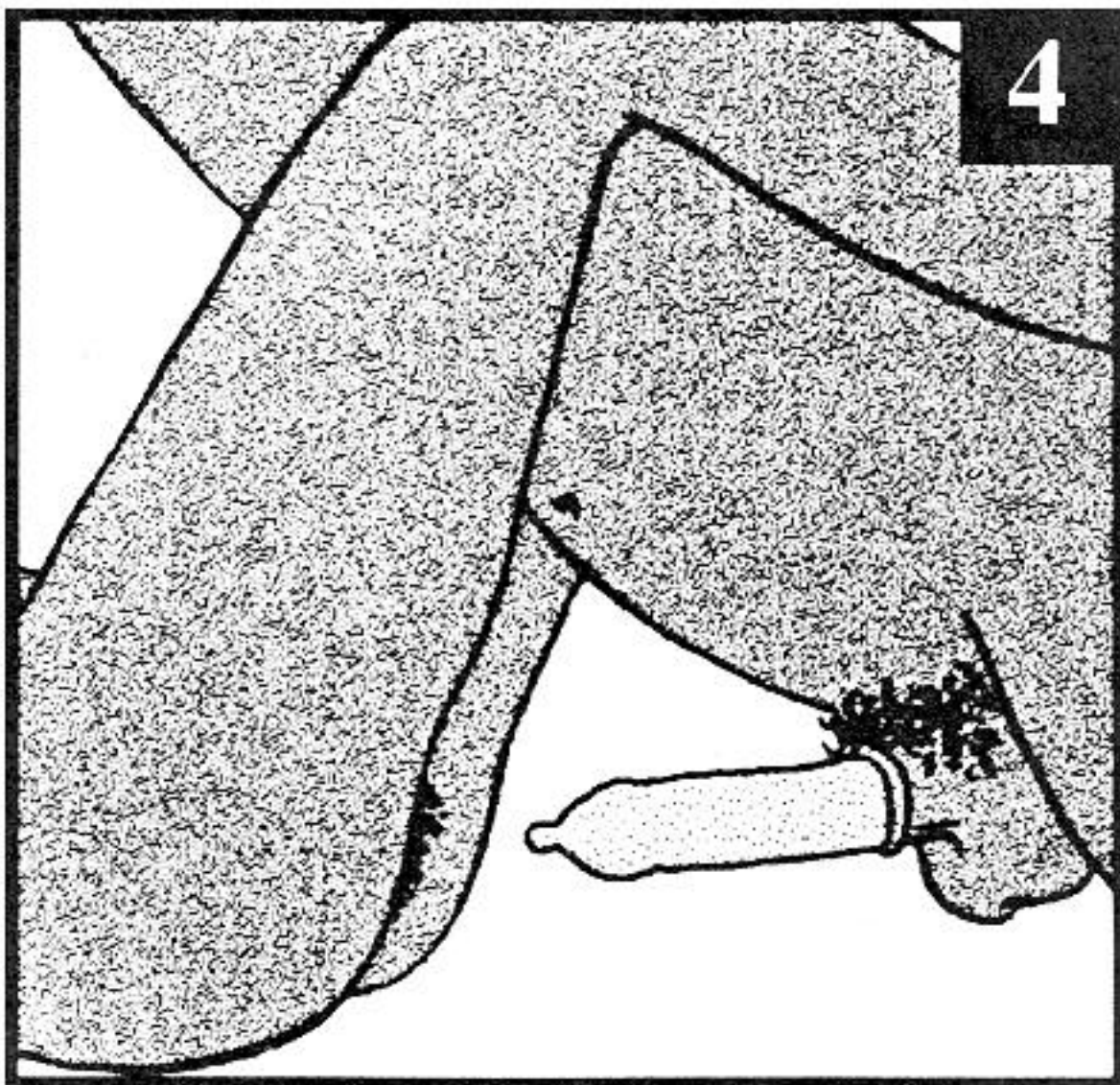
*If not  
circumcised,  
pull foreskin  
back.*

*Squeeze tip of  
condom and  
put it on end  
of hard penis.*

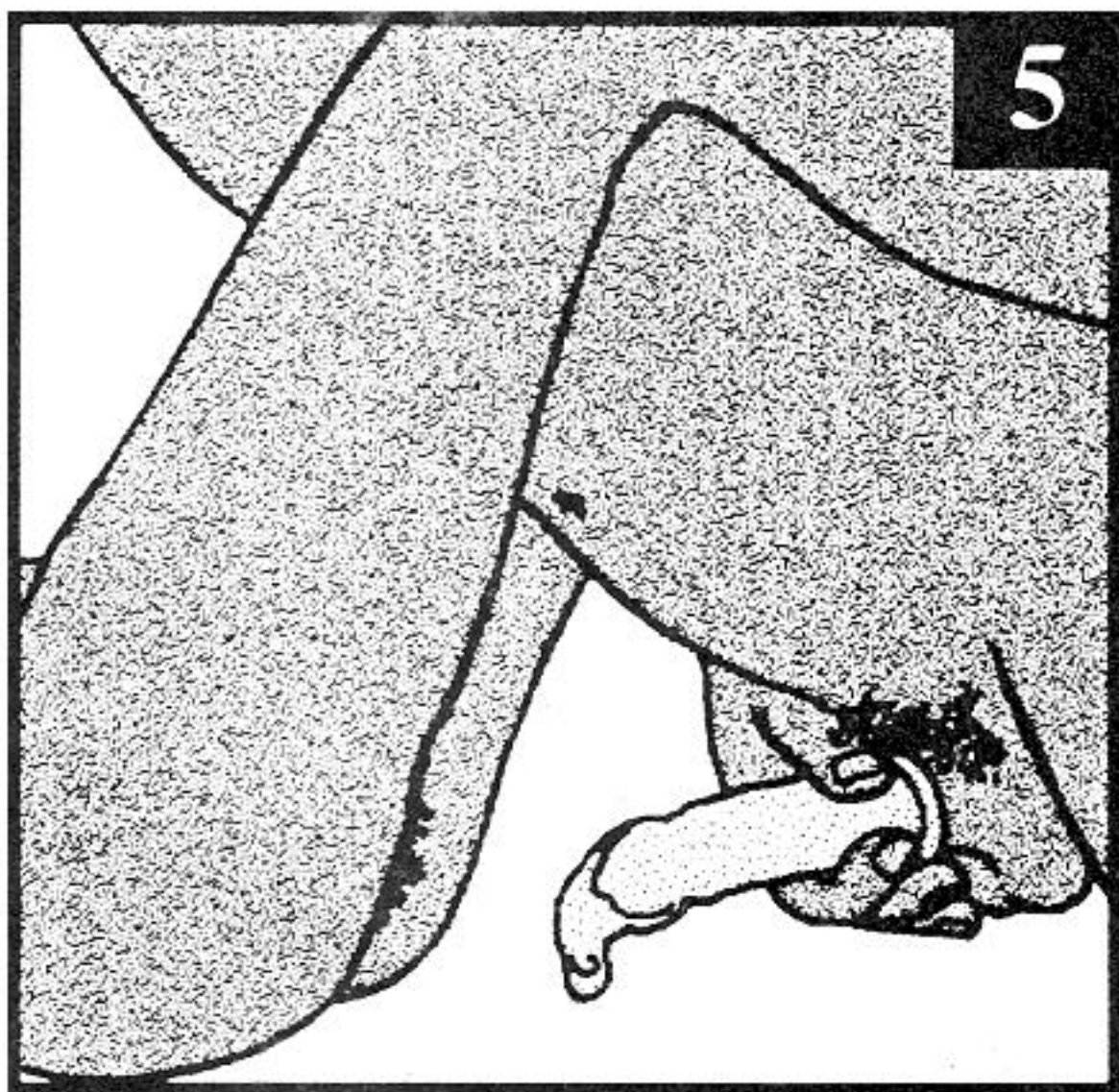




*Continue squeezing tip while unrolling condom until it covers all of penis.*

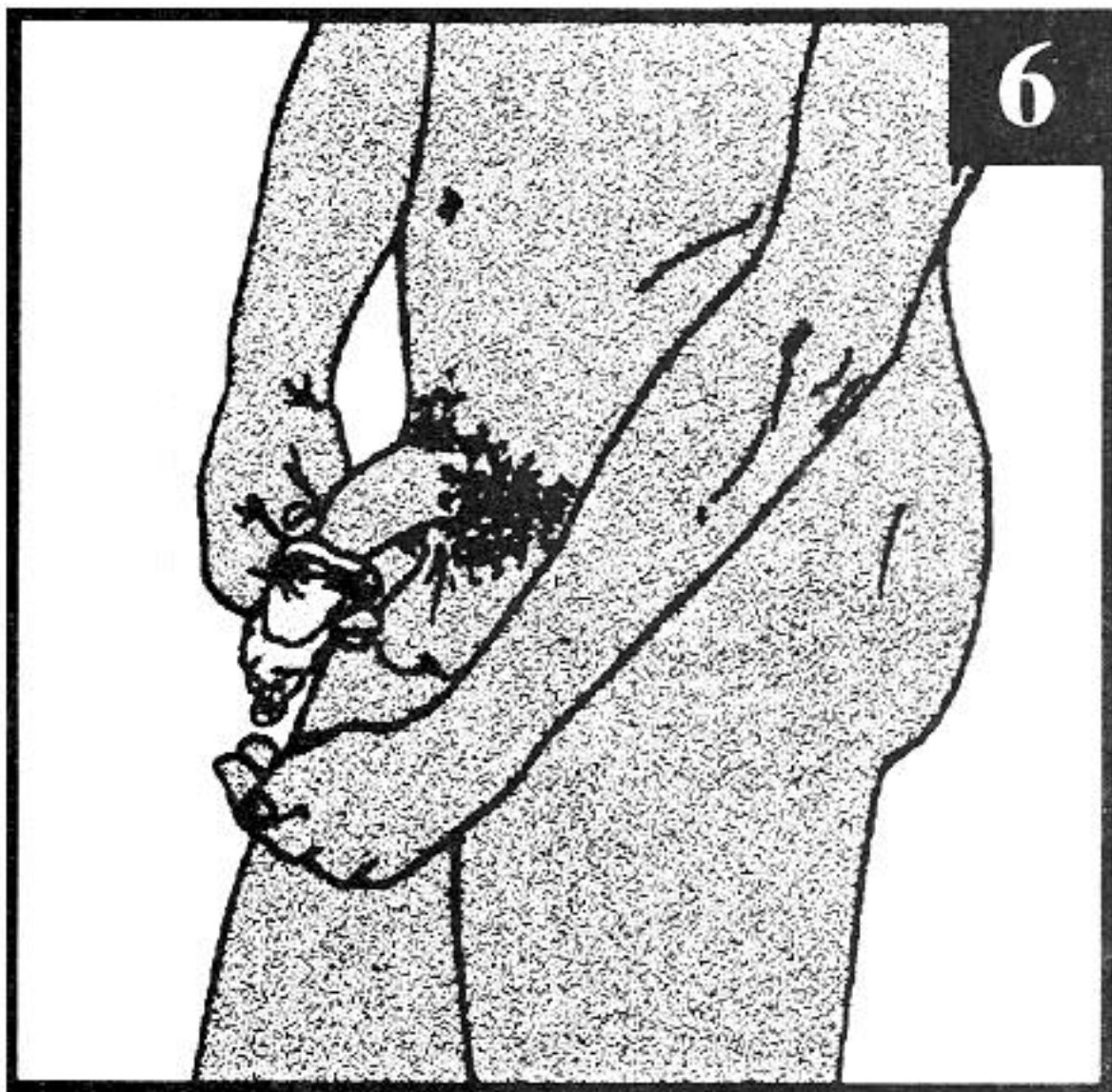


*Always put on a condom before  
entering partner.*

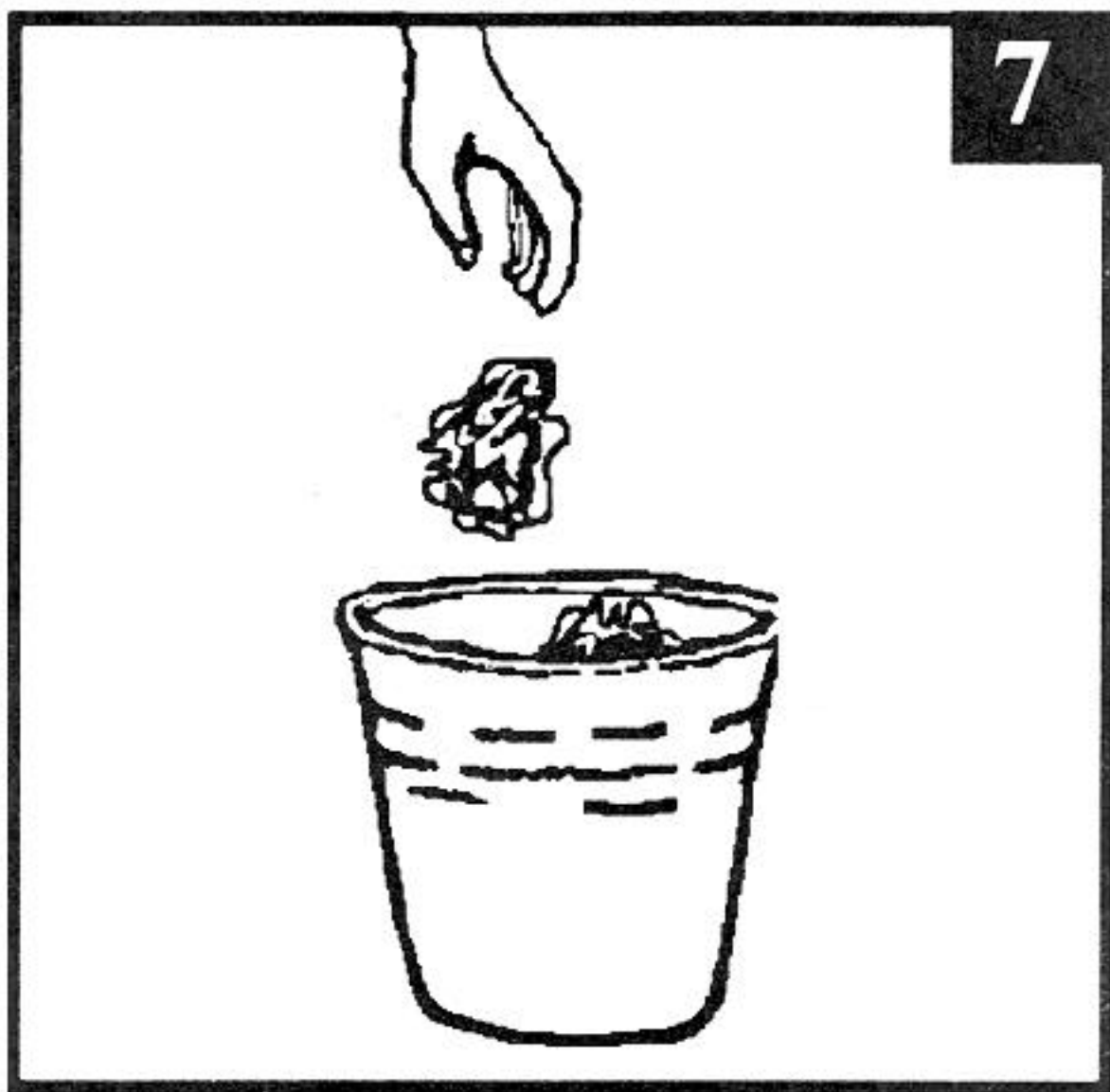


*After ejaculation (coming), hold rim of condom and pull penis out before penis gets soft.*





*Slide condom off without spilling liquid (semen) inside.*



*Tie and wrap the condom (in paper, if available) then throw away. Wash hands.*



*Burn or bury the condom with other household trash. Wash hands.*



# EMMA SAYS: EACH TIME EVERY TIME!



## STDs

If not treated, STDs can cause serious illness, reduce the ability to have children, and even threaten the lives of newborn children.

The earlier STDs are treated, the easier they are to cure. Most can be detected by a visit to a health care worker, and almost all STDs can be cured completely.

Some symptoms of STDs include:

### In Women -

- Unusual drip or fluid from the vagina.
- Itching in or around the vagina.
- Sores, bumps or blisters or swelling in or near the vagina or in the groin.
- Pain or burning with urination.
- Pain in the lower stomach, often with fever.

- A fishy smelling fluid from the vagina.
- Bleeding which is not from a menstrual period.
- Painful intercourse.

### In Men -

- Unusual drip or fluid from the penis.
- Itching in or around the penis.
- Sores, bumps, blisters or swelling near the penis or in the groin.
- Pain or burning with urination.
- Pain in testicles.

If you have any of these signs, or your partner has been diagnosed with an STD, please go to a clinic

### REMEMBER:

Some STDs have no symptoms at first, but a trained health worker can discover the disease.

### ALSO REMEMBER:

To cure an STD you must take all the medicine.

If you are diagnosed with an STD, you should:

- Avoid sexual contact until you finish your medical treatment. If you must have sex, use a condom.
- Take all medication until it is gone, do not share it with your partner(s). If you don't finish all medication, your symptoms may disappear but you may still be infected.
- Inform your partner(s) that you have an STD and that they should visit a doctor or health clinic.

**THE ONLY WAY TO AVOID STDs,  
INCLUDING HIV/AIDS,  
IS TO USE A CONDOM  
EACH TIME, EVERY TIME!**

# EMMA SAYS: EACH TIME EVERY TIME!



THROUGHOUT THE WORLD, THE AIDS EPIDEMIC IS DEVASTATING FAMILIES, COMMUNITIES, AND NATIONS... THE BATTLE AGAINST THE AIDS CRISIS MUST BE FOUGHT ON MANY FRONTS. EMMA IS AN EXPERIENCED PEER EDUCATOR WITH A WEALTH OF KNOWLEDGE AND COMPASSION. SHE CARES ABOUT HER FRIENDS AND HER COMMUNITY. SHE ENCOURAGES HER FRIENDS TO USE CONDOMS, EACH TIME, EVERY TIME THEY HAVE SEX. SHE IS A MODEL FOR WOMEN AND MEN WORKING IN AIDS PREVENTION IN COMMUNITIES THROUGHOUT AFRICA. EMMA SAYS EACH TIME EVERY TIME ATTEMPTS TO REACH AFRICAN WOMEN WITH LIFE-SAVING MESSAGES ABOUT THE IMPORTANCE OF USING CONDOMS, TAKING CARE OF THEMSELVES, AND PROMPTLY TREATING SEXUALLY TRANSMITTED DISEASES TO PREVENT THE SPREAD OF AIDS IN THEIR COMMUNITIES.

EMMA SAYS: EACH TIME, EVERY TIME WAS ORIGINALLY CREATED AS A FLIP CHART BY THE ADSTech DIVISION OF FAMILY HEALTH INTERNATIONAL WITH FUNDING FROM THE UNITED STATES AGENCY FOR INTERNATIONAL DEVELOPMENT (USAID).

CONTENT DEVELOPMENT: REBECCA KOHLER, ADSTech  
LAHOMA SMITH ROMOCKI, ADSTech

GRAPHIC ARTIST: LUCAUES NISSEFRAIDON

EMMA SAYS: EACH TIME, EVERY TIME WAS ADAPTED AND MODIFIED INTO A COMIC BOOK SERIES BY THE AIDS CAP PROJECT OF FAMILY HEALTH INTERNATIONAL WITH FUNDING FROM USAID IN 1998.

### Instructions for Use

**Emma Soys: Each Time, Every Time** is a comic book series designed to be used by AIDS prevention educators, outreach workers, peer educators, and health workers to teach about HIV/AIDS and STD prevention, especially condom use. The three stories illustrate situations which can be used to initiate discussion. Each story is followed by questions about the characters and the users own community, as well as condom use instructions. The comic books can be read to a group of people, or they can be used one-on-one. Educators may choose to use the comics in successive education sessions, or all at once. **Emma Soys: Each Time, Every Time** can also be taken home and shared with families, partners and communities.

While using this series with people who cannot read, we suggest educators read through the stories slowly, stopping to discuss the message of each illustration. The learner will remember key ideas if he/she can take the time to focus on the message from each frame.